

## 1<sup>st</sup> MC Meeting 2023 Minutes

### Venue and date:

Vienna

22 March 2023

09.00 – 17.30 hrs. (CET)

### Participants:

MC Pedro Sequeira (POR) - Chairman  
Monique Tijsterman (NED) - Methods & Coaching  
Patrick Luig (GER) - Education & Training  
Lidija Bojic-Cacic (CRO) – Youth, School and Non-competitive sport  
Carmen Manchado (ESP) – Development  
Marina Gillard (RUS) - IHF Medical Comm. / Member Europe

EHF Office Martin Hausleitner (for the opening)  
Doru Simion  
Nicole Rabenseifner  
Beata Kozłowska  
Vincent Schweiger

### Minutes:

#### 1. Welcome / Agenda

Pedro Sequeira welcomes the participants to the 1<sup>st</sup> MC meeting in 2023.

Martin Hausleitner thanks the MC members for their cooperation and achievements in the last years, especially for the realisation of the “Circle of a handball life”, which is used as basis for the definition of future programmes in all EHF working areas, as well as the restructuring of the “RINCK” Convention. M. Hausleitner also outlines the tremendous success of the “activities-webinars”.

Furthermore, he informs on the new goal partner “Benz.Sport” as well as the planned “EHF sustainability strategy” which is currently being developed in cooperation with the departments. Innovation workshops were held with the departments to discuss the possibility of presenting their working fields during top handball events, e.g an EHF Grassroot Convention is planned during the Men’s EURO 2024 in GER.

#### 2. MC Minutes and other minutes (MC related topics)

The MC minutes are approved.

Two additional motions were addressed to and approved by the EXEC: Hosting a 2023 European Wheelchair Handball Championship (six-a-side) – see also point 5.2.2. – and the updated compilation of the EHF “RINCK” Convention Panel.

#### 3. Methods & Coaching

##### 3.1. YAC Analyses – status

Monique Tijsterman provided the “trends and summary” of the YAC events 2022.

The MC members are asked to provide possible candidates for the YAC analyst pool by 31 March 2023. Afterwards the nominations for the qualitative analysis of the YAC events 2023 will be done followed by an instruction meeting with the nominated persons in April.

Various offers were received regarding an analysis tool. They will be evaluated in cooperation with the IT department. In addition, the analysts will receive templates in order to provide the documents in an identical style.

An “activities”-webinar will be held in autumn 2023 regarding the outcome of the analyses of the YAC events 2023.

3.2. Women’s EHF EURO 2022 / MNE, MKD, SLO– qualitative analysis  
The qualitative analysis was published early March 2023.

3.3. Injury prevention, nutrition, mental coaching and Kindergarten Handball manual – status  
The “food and nutrition in handball” manual was published mid-March. A respective webinar regarding the topic “food and nutrition in handball” will be organised in April.

The “mentally fit in handball” manual is under English revision.

Lior Laver / EHF Expert – ISR was contacted again regarding the “injury prevention manual” – feedback not received yet.

The layout of the “Kindergarten Handball” manual is being updated. This also includes the revision of the “Minni Winnies” which can then be used for future publications.

## **4. Education and Training**

### **4.1. “RINCK” convention**

#### **4.1.1. Signatories / non-signatories status**

The annual report for 2022 was not provided by BEL, ENG, ISR, LTU, NOR and UKR. A reminder will be sent to the signatories concerned (despite UKR).

#### **4.1.2. “RINCK” Convention in the future**

Two internal workshops regarding the restructuring of the “RINCK” Convention were held in Vienna / AUT in February (minutes are at hand). Patrick Luig summarizes the outcome which will also be presented to the signatories during the “RINCK” convention seminar.

The education of coaches will start with a “foundation” level, followed by the various levels. The key competences of each level will be precisely defined. Parallel specialisation courses (Kindergarten handball, Mini Handball, etc.) can be made without the need to follow the complete education structure. The aim is to provide the education needed on each level for coaching the respective target group (players). After receiving the feedback of the participants of the “RINCK” Convention the proposal will be overworked.

#### 4.1.3. “RINCK” Convention Seminar

42 participants out of 36 signatories registered for the “RINCK” Convention seminar dated 23/24 March 2023. The topics referred to EHF RINCK Convention structure, including the organisation of national courses and specialisation topics in coaching, circle of a handball life, and update on coaches’ Licensing. A detailed report will be provided in due time.

On the request of Carmen Manchado a Microsoft forms version of the “grassroot development national federations survey” will be distributed to the participants of the EHF “RINCK” Convention seminar in order to collect updated information on the current status of the federation. The deadline for providing the questionnaire is 24 April 2023.

#### 4.1.4. Fast lane for coaches (former players)– proposal

Former top-level players should be able to skip parts of the foreseen education, meaning, their experience/competences achieved through their active career will be taken into consideration and might allow them to e.g. start on level 2. However, a “guidance” programme should be established by the national federation in order to educate the player on topics, that are part of the foundation and level 1 education and are not automatically gained by experience. A detailed proposal will be presented on the occasion of the 2<sup>nd</sup> MC meeting dated 24/25 August 2023.

#### 4.2. National Master Coach Course

An overview regarding the National Master Coach Courses is at hand.

The updated framework for National Master Coach Course will be discussed during the EHF “RINCK” Convention seminar.

#### 4.3. EHF coaches’ licensing (mandatory pro-license)

The time frame regarding the process with the licensing structure of the EHF competitions was already confirmed by the EXEC and will be communicated during the EHF “RINCK” Convention.

Timeframe:

- 2024/2025 – EHF Champions League/M & W, head coach
- 2026/2027 – EHF European League/M & W, head coach
- 2028/2029 - EHF European Cup/M & W, head coach
- 2026 – EHF EURO Final Tournament/M & W, head coach
- 2028 – qualification 1<sup>st</sup> – 2<sup>nd</sup> round for EHF EURO/M & W, one of the officials
- 2026/2027 – EHF EURO + Championship/M18+20 & W17+19, one of the officials
- 2028/2029 – EHF Beach Handball YAC + Senior/M & W, one of the officials

The structure will be included to the regulations and should be communicated to the clubs via the national federations.

#### 4.4. 2022 EHF Master Coach course module 3 – review

A detailed report is at hand. Three of the provided theses were rejected by the jury. Two of the participants did not pass the oral exam. All five participants will get a second chance on 24 March 2023.

#### 4.5. 2024 EHF Master Coach courses – framework relaunch

The following schedule is currently foreseen but not confirmed:

Module 1 – main round Men’s EURO in Cologne / GER (17-23 January 2024)

Module 2 – YAC event / tbd

Module 3 – main round Women’s EURO in Vienna / AUT (from 05-11 December 2024)

#### 4.6. EHF Webinars 2023 – status

The programme for the first half of 2023 was provided. The programme includes webinars on “Benefits on Being Coached by Women”, “Food and nutrition in handball”, as well as four webinars on “Champions League” related topics. The announcement of the webinar is also published on the activities-website.

#### 4.7. EURO coaches’ workshop – report

The workshop for head coaches of the participating teams took place on 25 October 2022 including presentation on rules (officiating line), technology and communication. It is also foreseen to have such workshops prior to the Men’s EURO and Women’s EURO in 2024.

#### 4.8. EHF Goalkeeper Summit

The summit will take place in Vienna / AUT on 05/06 October 2023 with theoretical lessons only. Confirmed speakers: Anja Althaus (+ moderation), Mats Olsson / EHF Expert, Claes Hellgren / SWE, L. Laver / EHF Expert, S. Moayad / for injury prevention. Further active goalkeepers were contacted – feedback awaited. The invitation for the participants will be published in April 2023. The participation fee will be € 395,- (not including accommodation).

### **5. Youth, School, and Non-competitive sports**

#### 5.1. EHF Grassroot Growth (EHF Master Plan) / 2023 activities

A meeting will be held with GER regarding possible grassroots activities prior and during the Men’s EURO 2024 (e.g. EHF Grassroot Conference). All EHF partners including Goalcha, Share&Play and iCoachKids should be involved in the activities.

#### 5.2. Wheelchair handball

Wheelchair Handball was not accepted as Paralympic sport.

##### 5.2.1. World & European Wheelchair Handball Championship 2022

A detailed report was provided. The event was very successful, especially keeping in mind the full playing hall on the last day as well as the 662.997 spectators watching the final match on national TV in Portugal. The MC wishes to express its satisfaction regarding the realisation of the “World and European Wheelchair Handball Championship” from the EHF Office side.

##### 5.2.2. 2023 European Wheelchair Handball Championship

Due to the change of rhythm by the IHF, a motion had to be addressed to the EXEC regarding the organisation of a 2023 European Wheelchair Handball Championship. The motion (including changes to the regulations e.g. participation fee of € 250,- per team, OC covering travel costs for EHF Officials) was approved by the EXEC. However, the calling for the “2023 European Wheelchair Handball Championship” was put on hold due to the latest IHF information.

The IHF will focus on Wheelchair Handball “four-a-side” only with the aim to make it a Paralympic sport. “Four-a-side” was preferred due to the smaller teams and therefore, less costs regarding travel, etc.

The EHF MC considers “Wheelchair Handball six-a-side” and “Wheelchair Handball four-a-side” being two different sports with different rules, tactics and even technique, comparable to “Handball” and “Beach Handball”. Also, the MC members are aware of the fact that the European teams (and also some International teams) prefer to play “Wheelchair Handball six-a-side” being the sport that is more related to “Handball”.

With reference to the “Wheelchair Handball four-a-side” matches seen so far, the MC thinks that adaptations would be necessary to make the sport more attractive. In the Wheelchair Handball World Championship “four-a-side” many empty goal situation happened and following the information of the players (European and World teams) the matches are very exhausting and demanding for the teams, which might make adaptations of the playing court or the number of players per teams necessary, thereby weakening the “lower costs” argument.

Also, following information provided by the International Paralympic Committee to the Portuguese Paralympic Committee the cost factor is not an issue when approving / denying a sport. Furthermore, there is currently no indicator that four-a-side will be accepted as a Paralympic sport in the future.

Therefore, the EHF MC strongly recommends continuing with the organisation of International Wheelchair Handball events for “six-a-side” and plans to finalise the calling for the “2023 European Wheelchair Handball Championship, six-a-side”.

However, in order to enable European teams to participate in the “2024 Wheelchair Handball World Championship four-a-side” a qualification tournament can be integrated with teams out of the teams participating in the “six-a-side” championships and other interested national teams. Adaptations to playing dates, room bookings, etc. will be necessary. A respective motion will be addressed to the EXEC.

#### 5.2.3. EHF wheelchair handball referees & delegates

Status: 4 EHF Wheelchair Handball referee couples and 6 EHF Wheelchair Handball Delegates.

A 2nd course (e-learning) for “EHF Wheelchair Handball Referee” and “EHF Wheelchair Handball Delegate” candidates will be organised and announced in April 2023 in order to enlarge the group of Wheelchair Handball referees and delegates.

#### 5.3. EHF ID Handball Week

A proposal was received by “Special Olympics Europe / Eurasia” (SOEE) to organise the “EHF ID Handball Week” and the respective tournament parallel to the World Championship in Denmark. Since the EHF cannot be active during the World Championship it was recommended to SOEE to address the IHF as cooperation partner for the tournament.

#### 5.4. Handball coaching app

A meeting was held with Sportradar on 07 March 23 regarding the “FIFA Football at School” -app that was realised by Sportradar (a detailed report is at hand). The structure of the app is basically the same as planned for the EHF Coaching App. An outlook regarding timeframe and budget in case of a cooperation will be provided by Sportradar for future decision.

#### 5.5. Circle of a handball life

Next planned steps:

- “Kindergarten Handball”: Creation of e-learning education. A meeting with an external company will be held regarding a proper e-learning tool. The content of the e-learning should be offered to the member federations for translation purpose in order to create a national Kindergarten Handball education.
- “Mini/Kids Handball” publication: The authors of the book “Kinderhandball” (German) will be contacted regarding a possible cooperation for creating an EHF publication on “Mini Handball” and “Basic Handball”.

### **6. Development (Embrace Handball projects)**

SMART programmes:

ALB – support phase 2 and interim report open

AND – financial support phase 3 open (end of programme: August 2023)

AUT – support finalised, final report expected

EST – nomination of 2 EHF Experts as well as final report open

BEL – interim report phase 2 received

ISR – Wolfgang Pollany / EHF Expert nominated for coaches’ course April 2023 (end of programme: June 2023)

LUX - nomination of 2 EHF Experts as well as final report open

MDA – following schedule, interim report received

RUS – material support phase 3 open (end of programme August 2023)

SCO – material support phase 3 open (end of programme: March 2023)

The programmes with EHLB, MON were finalised.

Short term programme 2023: 8 member federations were supported with either the nomination of EHF Experts or material.

“360” Master Plan Development Programmes: Programmes are currently running with CRO, GEO, SCO, LAT, and MLT. Meetings were also held with ENG, GBR, LUX, TUR. Interest was also stated by BLR, IRL and SRB.

### **7. TD/CAN report**

Doru Simion shortly reports on the meeting of the EHF Technical Delegation and EHF CAN Advisory Board on 23 February 2023. “Benz.Sport” will be the new goal supplier for the EHF including goals for the Wheelchair Handball Championships. An EHF Delegate Seminar (for candidates) will be organised in Vienna/AUT in 21/23 April 2023. C. Machado also informs on the IHF Resin-Free Ball Working Group that took place on 22 December 2022. The detailed minutes are at hand.

## **8. EHF Experts'**

Unfortunately, only a small group of EHF Experts did receive the Hummel equipment. A meeting with the department in charge is scheduled for 28 March 2023 in order to find a solution.

A proposal was received by Daniel Birkelund / EHF Experts to organise webinars for the EHF Experts to exchange knowledge on the different handball philosophies but also to discuss latest trends, etc. A programme for a first "EHF Expert Talk" (webinar) will be defined in cooperation with D. Birkelund.

## **9. "activities"-website**

Various subpages as for analysis and the webinars were added to the activities-website. The implementation of the needed web tools e.g. uploading material, etc. is foreseen until end of August 2023.

## **10. 2023 EHF Scientific Conference**

The conference will take place in Porto / POR on 23-24 November 2023 in cooperation with the faculty of sport of the university of Porto. The key topics are "Sustainability in handball – Circle of a handball life". A "save the date" letter will be sent end of March 2023.

## **11. Others**

- Dual career strategy for players and coaches  
P. Sequeira asks all MC members to provide their inputs regarding a dual career strategy prior to the 2<sup>nd</sup> MC meeting 2023.
- EHF University Handball Teachers: No feedback was provided by the MC members. The new concept will be presented during the EHF Scientific Conference, therefore all MC members are requested to provide their inputs prior to the 2<sup>nd</sup> MC meeting 2023.
- Coach's challenge: The MC discusses the proposal for the Coach's challenge and amendments that should be considered as not linking the challenge to the number of team time-outs and allowing the challenge during the complete playing period (all 60 minutes). The MC will provide detailed inputs on the "Coach's Challenge" after further considerations.
- GPT-3: A request was addressed to P. Sequeira regarding the usage of AI for handball coaching. It is currently not foreseen to establish a project in this area.
- National Academy of Handball (NEKA) / HUN: A letter was received regarding the possibility to host EHF event in the NEKA facilities.
- Polar cap ®: Further studies were provided regarding the positive influence of "Polar cap ®" (head and neck cooling) when used for the treatment of concussions in Swedish Ice Hockey League. As already informed in the past no recommendation or partnership can be considered until handball related studies are available.
- "Share to learn" concept: An idea was provided by the "media and communication" department regarding the production of videos. The content should fit to the "circle of a handball life". A list of EHF Experts who could provide such videos will be forwarded to the "media and communication" department. In addition, clubs and national federations will be asked for their cooperation. An EHF Expert will be nominated to verify the content of the videos prior to publication. Any arising costs will be covered within the "media and communication" budget.

- Swiss Timing: The MC discusses the data provided by current data providers which is not usable for the coaches for the analysis of teams. The EHF Office staff informs the MC about the current developments and foreseen improvements of the match scouting process.

P. Sequeira thanks the participants and closes the meeting.

A handwritten signature in blue ink, appearing to read 'N. Rabenseifner', written in a cursive style.

For the minutes: N. Rabenseifner



## Assignment of tasks

### 3. Methods & Coaching

3.1. YAC Analyses 22 / 23 – status and concept

Nomination of YAC analyst

Meeting (online) with YAC analysts

Provide candidates for the YAC analyst pool by 31 March 2023

M. Tijsterman & B. Kozłowska

M. Tijsterman & B. Kozłowska

all MC members

### 4. Education and Training

4.1.3. “RINCK” Convention Seminar

Provide questionnaire to participants

4.1.4. Fast lane for coaches

Proposal for a fast lane for coaches prior to 2<sup>nd</sup> MC meeting

B. Kozłowska & V. Schweiger

P. Luig & D. Simion

### 5. Youth, School, and Non-competitive sports

5.2.3. EHF wheelchair handball referees & delegates

Publication of “calling for candidates” April 2023

5.5. Circle of a handball life

“Kindergarten Handball” e-learning

“Mini/Kids Handball” publication: Contact to GER authors

N. Rabenseifner

N. Rabenseifner & V. Schweiger

N. Rabenseifner

### 8. EHF Experts’ Webinar

Planning 1<sup>st</sup> “EHF Expert Talk”

D. Birkelund & N. Rabenseifner

### 10. EHF Scientific Conference

Publication of “save the date” letter

B. Kozłowska

### 11. Any other business

EHF University Handball Teachers: Inputs to P. Sequeira

Dual career strategy: Feedback to P. Sequeira

Coach’s challenge: Inputs on concept

“Strive to learn” – cooperation with BG “Media and Communication”

All MC members

All MC members

All MC members

B. Kozłowska