

## 1<sup>st</sup> MC Meeting 2022 Minutes

#### Venue and date:

Vienna / AUT

25 February 2022

10.00 - 19.45 hrs.

### **Participants:**

MC Pedro Sequeira (POR) - Chairman Monique Tijsterman (NED) - Methods & Coaching Patrick Luig (GER) - Education & Training Lidija Bojic-Cacic (CRO) – Youth, School and Non-competitive sport Carmen Manchado (ESP) - Development

Marina Gillard (RUS) - IHF Medical Comm. / Member Europe (invited)

EHF Office Helmut Höritsch

Doru Simion Beata Kozłowska Nicole Rabenseifner Vincent Schweiger

## 1. Welcome / Agenda

Pedro Sequeira welcomes the participants to the first MC meeting in 2022.

## 2. MC Minutes and other minutes (MC related topics)

The MC minutes are approved without any comments.

P. Sequeira informs the MC members on the last EXEC meeting. The motions regarding wheelchair handball (daily fee for participating teams) as well as the motion to include ID (intellectual disability) handball to the EHF working fields, were both confirmed contrary to the information in the EXEC minutes.

## 3. Methods & Coaching

3.1. YAC Analyses 21 – Status

The qualitative analyses of the U17 MNE and the M19 BUL were not provided despite several reminders. Further contact will be established.

The analyses W19 EURO SLO, W19 Championships ITA and MKD, W17 Championships GEO and LTU, M19 EURO CRO, M19 Championship MKD and LAT will be published in due time via the EHF channels.

3.2. YAC Analyses 22 – M20 EHF EURO 07-17 July, POR), M20 EHF Championship (01-10 July and 14-24 July BUL), M18 EHF EURO (04-14 August, MNE), M18 EHF EURO (t.b.d), M18 EHF Championship (08-14 August, ISR + LAT)

Due to ongoing problems with receiving the qualitative analyses prepared by national experts, various strategies are discussed as asking EHF Master Coaches to prepare the analyses for prolonging their EHF PRO Licence. Furthermore, an online meeting for national experts in charge of the qualitative analyses is foreseen to be organized in order to make them familiar with the EHF guidelines and expectations. A detailed proposal will be presented at the next MC meeting in April 2022.

## 3.3. YAC Injury Analysis 2021 and 2022

Marina Gillard presents the injury analyses of the M19 EURO / CRO, W17 EURO / MNE and W19 EURO / SLO. Unfortunately, not all teams are providing the injury reports in a proper way. The findings resulting from the injury analyses and a proposal for preventing the injuries occurring will be included to the injury manual.

The MC proposes to include the nominated EHF delegates into the process of collecting the reports during every match day.

In order to avoid future problems a detailed explanation to the teams should be given prior and during the respective tournament. A clear guide (e-learning) with the definition of injury will be prepared and provided to the participating teams.

Marina Gillard will prepare the injury analyses for the 2022 YAC events based on the material collected and summarized by the EHF Office.

#### 3.3. Men's EHF EURO 2022 / HUN & SVK - Qualitative Analysis

The qualitative analysis prepared by Monique Tijsterman following the new guidelines is presented to the MC members. The MC outlines the high quality of this analysis. The analysis will be published via the EHF channels after adding more graphics for a better overview and running a terminology check.

#### 3.4. Analyses / Kinexon Data 2022 – EHF EURO HUN & SVK

During the Men's EHF EURO 2022 the teams had access to the data platform provided by the University of Alicante. The motion data were available within 24 hours after the game. Carmen Manchado gives a short report on the realization of the analyses as well as on the technical problems that led to delays in the data production. In addition to the players data, the referee's motion data was monitored during the EURO 2022. A first overview will be presented on the occasion of the conference for secretaries general 2022.

#### 3.5. Analyses / Kinexon Data – in the future

As next steps the improvement of the technical workflow of the data transfer is foreseen. The EHF IT department is in close cooperation with the University of Alicante to establish a live service for the upcoming Women's EHF EURO 2022. The MC asks C. Manchado and Vincent Schweiger to prepare a proposal for the next MC meeting in April 2022 on how the EHF can cooperate with scientific institutions considering technical limitations and legal framework.

3.6. Injury prevention, nutrition and mental coaching manual

All manuals will be produced as online documents but will receive an ISBN-number.

#### Injury manual

Mr. Lior Laver will be asked to prepare the respective manual including the results of the injury analyses.

#### Nutrition manual

The MC thanks C. Manchado and her team for providing a first draft for the nutrition manual. The proper nutrition for youth players as well as for players with special food restrictions (food allergies, gluten free, etc.) will be included into the manual. In addition, an easy way / tool to enable players to implement the guidelines to their daily life needs to be found.

## Mental coaching manual

The content for the mental coaching manual was commonly defined with Renata Baric / PhD Faculty of Kinesiology / CRO. Further organizational questions will be clarified with R. Baric in order to realize the production of the manual.

## 4. Education and Training

#### 4.1. RINCK Convention- Signatories/ Non-Signatories status

The annual report is missing from ENG, EST, KOS, LTU, SLO, SVK and UKR. A respective reminder will be sent. Further contact with non-signatories will be establish in order to evaluate the current situation of coaching education and establish ways how the EHF can assist in the respective development with the aim to become a RINCK Convention signatory.

A very detailed proposal on how the EHF RINCK Convention system and process could be adapted was received by Ricardo Vasconcelos / GBR Men's team coach. Further discussions are planned for the next MC Meeting in April 2022.

#### 4.2. National Master Coach Courses - status

V. Schweiger gives an overview on the planned national Master Coach courses.

#### 4.3. EHF RINCK Convention Panel

The 1st module of th2022 EHF Master Coach course was organized following the adapted guidelines provided by the panel. A final document including the updated guidelines and procedures will be produced. On the other hand, the contribution to re-form / launch the EHF RINCK Convention is still missing.

4.4. 2022 EHF EUROs / 2020/21 EHF CL coaches' licensing (mandatory pro-license) – further procedure

The EHF MC proposes to extend the obligation of the EHF Master Coach PRO licence for selected EHF competitions from the season 2024/25 on. The final proposal (based on the recommendations of the RINCK Convention panel) will be discussed in the upcoming MC meeting in April 2022 and forwarded to the other technical commissions concerned.

#### 4.5. 2022 EHF Master Coach Course module 1 - review, module 2 - preview

The 1<sup>st</sup> module took place from 13 - 19 January 2022 in Budapest, Hungary. 24 participants from 9 member federations were registered for the course (8 female and 16 male participants). Three participants could not participate in the 1<sup>st</sup> module due to covid-19 and professional playing career reasons. They will complete the 1<sup>st</sup> module digitally.

The feedback after the first module was very positive with all participants being satisfied with the program and organization. A detailed report was forwarded to the MC members.

The MC was informed on the misbehaviour of one of the participants during a EURO match visited by all participants as part of the EHF Master Coach course program. The MC clearly states that such a behaviour (mainly directed at the EHF referees of the match) will not be accepted. An official warning will be sent to the participant concerned. The respective national federation will be informed accordingly. In order to avoid such situations in the future all participants, starting with the 2<sup>nd</sup> module of the 2022 EHF Master Coach course, will be obliged to sign a code of conduct.

The program of the 2<sup>nd</sup> module is prepared and will be published as soon as all lecturers will be confirmed.

## 4.6.EHF Webinars 2022 – preview

As of April 2022, monthly webinars will be organized. Internal experts as well as external partners will be invited as speakers. Each session should last 45minutes and will be announced via the EHF channels. In addition to the topics already proposed webinars on children safeguarding, data analysis, etc. will be held.

### 5. Youth, School, and Non-competitive sports

5.1. EHF Grassroot Growth (EHF Master Plan) / 2022 Activities

It is foreseen to organize a 2<sup>nd</sup> edition of the European Handball Online Summit (EHOS) in autumn 2022. The event should be organized as a one-day online event, dedicated to various aspects of grassroots handball.

A series of short interviews was recorded during the Men's EURO 2022. 16 top players answered questions relevant for young people who already do or are planning to play handball in the future. The videos will be published on Instagram, YouTube, TikTok and the EHF website.

A detailed activity plan about how to play handball in every age will be presented during the EHF MC meeting in April.

#### 5.2. Young Coaches Workshops

A video meeting will be held with the EHF experts Jürgen Boss / GER and Milan Petronijevic / SRB regarding the future organization of national young coaches' workshops and a respective EHF manual.

#### 5.3. EU Week of Sport (EWOS)

A detailed report regarding EHF related activities within the EU Week of Sport (23 - 30 September 2021) was produced by Chris O'Reilly. Due to the covid-19 pandemic the event was organized and promoted mostly via social media. In general, the EWOS was promoted in 41 European nations with over 30.000 events giving a million people the opportunity to be involved in a variety of physical activities and sports, including handball. The EHF MC requests the EHF EXEC to confirm the prolongation of the cooperation with the EU regarding the EWOS initiative (see motions to the EXEC).

## 5.4. Wheelchair Handball

5.4.1. European Wheelchair Handball Championship 2022

Due to the permanent problem to find organizers for the EHF wheelchair handball events (mainly because of the high budged needed), a motion was filed and confirmed by the EXEC regarding the implementation of a daily rate of  $\varepsilon$ 50, - / person for participating teams.

The EHF has informed the IHF accordingly and is awaiting their feedback regarding the financial handling of the World Championship in addition to the already made agreement.

#### 5.4.2. EHF Wheelchair Handball Referees & Delegates

Due to new technical problems the publication of the e-learning was not realized yet but will be published after the IHF Wheelchair Handball Referees and Delegates online course (which has started in the meantime).

#### 5.5. ID Handball (intellectual disabilities)

A meeting was held with representatives of Special Olympics Europe / Eurasia (SOEE) in Vienna on 12 November 2021, regarding a possible cooperation in the field of rules development, tournament organization, etc.

The motion regarding the general inclusion of ID Handball was confirmed by the EHF EXEC. The realization of the planned "EHF ID-Handball-Week" in 2022 (confirmed by the EXEC on 24 September 2021) needs further internal discussions.

## 5.6. Handball Coaching App

A video meeting was held with Viktor Glatthard / Co-founder "Learn Handball" app on 03 November 2021 regarding a possible cooperation in the future. A follow-up meeting will be held with the EHF leadership and the "Learn Handball" app representatives for further clarifications.

In the meantime, all MC members are asked to provide their feedback regarding the content of a possible EHF app (a proposal was already provided to the MC members during the MC meeting dated August 2021).

## 5.7. Kindergarten Handball Manual – preview

The manual will be divided into 3 main areas:

- Organization (structure of workshops, including kids / parents into club life)
- Exercises (easy and clearly structured games, storytelling, etc.)
- Communication (how to communicate with kids, how to deal with special situations, etc.)

A group of experts will be asked to provide the content for the manual (contacts to be provided by MC members).

#### 5.8. Coaches' platform

A general concept/list of topics of the website content has been made. Internal solutions regarding the implementation of the content on the website, as well as the budget will be discussed with the IT department and the EHF management.

## 5.9. Cooperation with partners in 2022 - preview

The list of potential partners regarding "child safeguarding in sport" will be proposed during the next MC meeting in April.

## 6. Development (Embrace Handball projects)

#### 6.1. SMART 2.0. programmes

The SMART programme with ALB was confirmed.

#### 6.2. Short term support

CZE, MKD and POL requested the nomination of EHF Experts. A new request for material support was provided by TUR and will be evaluated accordingly.

#### 6.3. 360° program

A platform was created within the EHF Office regarding the handling of future development programmes (outside of the frame of short-term programmes). National federations applying will receive a questionnaire regarding the structure of the federation in order to localize other fields within the federation that might need to be adapted. The technical commissions / departments will be involved in defining the content of the programme depending on the main areas of the programme.

#### 6.4. Development questionnaire

Two questionnaires will be established in the future:

- a statistical questionnaire (number of players, coaches, etc.) which needs to be filled-in by the national federation on a yearly base via an online tool.
- a questionnaire on the structure of the federation, if applying for a 360° development programme.

A video meeting was held with experts from university Seeburg regarding both the technical realization of the online tool and the set-up of a proper questionnaire and analysis regarding the structure of an applying federation. A detailed offer will be provided by the university in due time.

## 7. TD/CAN Report

Helmut Höritsch shortly reports on the meeting of the EHF Technical Delegation and EHF CAN Advisory Board dated 24 February 2022. The TD agreed on a procedure for the EHF Experts' list (see agenda point 8.1.). For details see the respective minutes.

## 8. EHF Experts' Group

## 8.1. EHF Experts' manual

The new EHF Experts' manual was basically accepted by the EHF EXEC but needs further clarification regarding the effect on the budget due to the proposed new financial guidelines (which need to be confirmed).

After the administrative procedure (CV, etc.) a panel (consisting of one representative of each of the three technical commissions each) will have a video meeting with the candidates. A final list should be presented to the EHF EXEC in their next meeting in 28/29 April 2022. P. Luig will be the MC representative in the panel.

## 8.2. Nominations

CZE (Annual course for trainers, 08/09 January 2022, postponed from 2021): Z. Marczinka (HUN) CZE (National coaches' course, 05/06 June 2022): Bent Dahl (NOR) POL (National coaches' course, 10-12 June 2022): to be nominated MKD (National coaches' course, 18/19 June 2022): Vlado Sola (CRO)

## 9. "Home of Handball" / activities-Website

The MC was informed that no new information can be given regarding the activities-website. The members outline the importance of the activities-website as a platform for information on development, education and grassroots. Therefore, the MC members once more underline the need of a further implementation of the EHF activities-website in order to fulfil this purpose.

## **10. 2021 EHF Scientific Conference – report**

A detailed report was provided at an earlier occasion. The final documentation has been distributed to the participants.

## **11. Others**

• Handball as esport / virtual reality

Following P. Sequeiras introduction at the EXEC meeting in January 2022 he emphasizes the importance of esports in the future. In addition, a short presentation is held by the Austrian esport federation regarding the scope of esport development as well as the differences between gaming and esports.

- Handball opportunities for elderly people NED and POR will be contacted to learn more about their initiatives (rules, framework, etc.) regarding handball for elderly people.
- Dual career

A pilot project for a fast lane for active players planning to be part of the EHF Master Coach education was started with Nerea Pena / Vipers Kristiansand. N. Pena will participate virtually in the EHF Master Coach modules when not able to participate in person due to her active career. In addition, she will be guided by a mentor (Bent Dahl / EHF Expert – NOR). B. Dahl will be asked for a status and feedback.

• 2022 EHF Club / Federation Manager Seminar: The seminar will be held as an online seminar again. A participation fee will be implemented for the blended-learning-programme. A proposal for topics will be provided to the MC by the EHF Office.

## 12. Budget 2022

The 2021 budget is adapted following the planned activities for 2022.

#### **13. Various**

The MC members propose to organize the upcoming MC meeting in April online.

P. Sequeira and the MC members use the occasion to thank H. Höritsch, who will retire end of February 2022, for his enthusiastic and inspiring contribution during his 29 years in the EHF Office as well for his support to the MC, being a mentor not only for his colleagues within the EHF Office but also for many MC members over all the years.

P. Sequeira thanks all participants for their contribution and closes the meeting.

D. Nolsip

For the minutes: N. Rabenseifner

# Assignment of tasks

# 3. Methods & Coaching

5. Methods & coaching	
3.1. YAC Analyses 21 – Status	
Publication of the available analyses	B. Kozłowska
3.2. YAC Analyses 22	
Concept for YAC Analyses	M. Tiijsterman + B. Kozłowska
3.3. YAC Injury Analysis 2021 and 2022	
e-learning on injury analysis procedure for teams	EHF Office
3.4. 2022 YAC Injury Analysis – Summary	M. Gillard
3.5. Men's EHF EURO 2022 / HUN & SVK – Qualitative Analysis	
Adaptations and publication via EHF channels	M. Tijsterman, V. Schweiger
3.5. Analyses / Kinexon Data – in the future	
Concept for future cooperation with scientific institutes, etc.	C. Manchado, V. Schweiger
3.6. Injury prevention, nutrition and mental coaching manual	
Contact to L. Laver regarding injury manual	N. Rabenseifner
Contact to R. Baric regarding mental coaching manual	N. Rabenseifner
Adaptations nutrition manual	C. Manchado
4. Education and Training	er i lanenade
4.1. RINCK Convention- Signatories/ Non-Signatories status	
Reminder to signatories regarding annual report	D. Simion
Contact to non-signatories	D.Simion
Evaluation of inputs from R. Vasconcelos	all MC members
4.3. EHF RINCK Convention Panel	all MC members
	V. Sobwoider
Final document on procedures, etc.	V. Schweiger
4.4. 2022 EHF EUROs / 2020/21 EHF CL coaches' licensing (ma	indatory pro-license) – further
procedure	
Proposal on future procedure for licensing	EHF Office
4.5. 2022 EHF Master Coach Course module 1 – review, module	
Written warning to participant	P. Sequeira
Adaptation of code of conduct	B. Kozłowska
5. Youth, School, and Non-competitive sports	
5.1. EHF Grassroot Growth (EHF Master Plan) / 2022 Activities	
Detailed activity plan "circle of handball life"	EHF Office
5.2. Young Coaches Workshops	
Contact to J. Boss and M. Petronijevic P. Sequ	ueira, L. Bojic-Cacic, N. Rabenseifner
5.4. Wheelchair Handball	
Publication of e-learning	N. Rabenseifner
5.5. ID Handball (intellectual disabilities)	
Internal clarification regarding "EHF Week of ID Handball"	N. Rabenseifner
5.6. Handball Coaching App	
Contribution to content of possible app	MC members
5.7. Kindergarten Handball Manual – preview	
Contact to experts to create content	N. Rabenseifner
5.9. Cooperation with partners in 2022 – preview	
Preparation of list of possible sponsors	B. Kozłowska
8. EHF Experts' Group	<b>D.</b> No210Wold
Defining MC related EHF Experts	MC and EHF Office
<b>11. Others</b>	
	B. Kozłowska
Handball opportunities for elderly people: Contact to NED/POR Dual career: Contact to B. Dahl	
Dual Caleer. Contact to D. Dall	V. Schweiger

## Motions to EXEC

## EU Week of Sport (EWOS)

The MC requests the EXEC to confirm the prolongation of the cooperation with the EU regarding the EWOS initiative.